

## **ELDER MEDIATION**

Historically, people depended on a network of critical relationships as they got older. This may have included family, neighbours, peers or a range of professionals. That network can be critical to both care and wellbeing.

Today, the reality can often be that this network is dispersed, fragmented or even non-existent. When any aspects of the network comes under pressure or breaks down an older person can become vulnerable.

Elder mediation is an effective tool for network maintenance and network repair, as well as finding and building new networks.

Qualified, impartial mediators support people across the network to have difficult conversations, compassionately, so that needs are recognized, unresolved issues are identified and workable solutions emerge.

## Those difficult conversations could be about;

- Living arrangements
- Care planning and independence
- Health care provision
- Power of attorney
- Concerns of abuse or neglect
- Inheritance
- Elder marriages and family concerns
- Unresolved issues within inter-generational relationships
- Death and Dying
- Belief Systems
- Gloved and Ungloved Relationships





Elder mediation supports collaborative problem solving within complex care and wellbeing needs.

Are you interested in training as an accredited Elder Mediator with Mediation NI?

Can you commit 65 – 70 hours between September 2019 – February 2020? Training Days:

• Day 1: 3rd October

• Day 2: 17th October

• Day 3:7th November

• Day 4: 21st November

• Day 5: 5th December

• Day 6: 19th December

• Day 7: 9th January

• Day 8: 23rd January

• Day 9: 6th February

Training days are 09:30-16:30

To achieve accreditation you must attend at least 80% of the training days.

Bursaries for fee-paid places are available.

Register your interest at; mediationnorthernireland.org or E: training@mediationnorthernireland.org T: +44 (0) 28 9043 8614

